



St John's *Week Two* Menu



Wk beginning
3rd March and
24th March

Planet day
Monday

Tuesday

Wednesday

Thursday

Friday

The main meal

Falafel wrap with sweet chilli mayo (VE)

Pulled pork cheesy nachos

Sausage roll

Sweet and sour chicken

Beef meatball pizza

Vegetarian

Vegetable Ragu with spaghetti (VE)

BBQ jackfruit and coleslaw burger (V)

Roasted pepper and cheese quesadillas (V)

Vegetable curry (VE)

Triple cheese pizza (V)

Jacket potato

Jacket potato (VE) with cheese (V), baked beans (VE), coleslaw (VE) or plain (VE)
Seasonal mixed salad (VE)

Seasonal vegetables

Sauté potatoes and peas (VE)

Garlic bread (V)
Mixed salad (VE)

Hash brown (V)
Baked beans (VE)

White rice and carrot batons (VE)

Potato wedges and sweetcorn (VE)

Dessert

Strawberry and cream Angel Delight (V)
Yoghurt (V) or Fresh fruit (VE)

Caramel sponge (V)
Yoghurt (V)
Fresh fruit (VE)

Chocolate muffin (V)
Yoghurt (V)
Fresh fruit (VE)

Ginger snap (VE)
Yoghurt (V)
Fresh fruit (VE)

Apple and mixed fruit crumble (VE) Custard (V)
Yoghurt (V)
Fresh fruit (VE)

We fully support the welfare of all our children by offering a healthy hot lunch

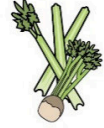

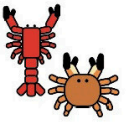
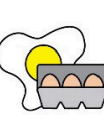
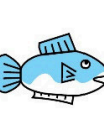
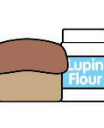








(V = Vegetarian)
(VE = Vegan)



St John's

Week Two Allergen content



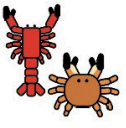
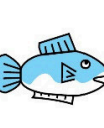
Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Falafel wrap with sweet chilli mayo		✓ wheat												
Vegetable Ragu with spaghetti	✓	✓ wheat												
Strawberry and cream Angel Delight							✓							
Yoghurts							✓							
Pulled pork cheesy nachos		may contain wheat							may contain					
BBQ jackfruit and coleslaw burger		✓ wheat		may contain			may contain							
Garlic bread		✓ wheat					may contain						may contain	
Caramel sponge		✓ wheat		✓									✓	
Sausage roll		✓ wheat					✓		✓				✓	✓



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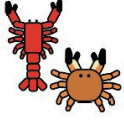
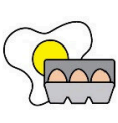
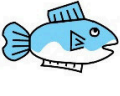
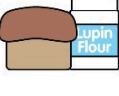








Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roasted pepper & cheese quesadillas		✓ wheat					✓					✓		
Jacket potato with cheese							✓							
Hash brown		may contain wheat					may contain							
Chocolate muffin		✓ wheat		✓									may contain	
Vegetable curry	✓													
Ginger snap		✓ wheat											may contain	may contain
Beef meatball pizza	may contain	✓ wheat		may contain			✓		may contain				may contain	
Tripple cheese pizza		✓ wheat		may contain			✓							
Apple and mixed fruit crumble		✓ wheat oats may contain barley					✓						may contain	



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	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Custard							✓							